

### TATA AIG INSURANCE POLICY FOR SNEHAN STAFFS

On the 11th of March 2023, one of our lady tailor met with accident and her left arm bone broke in two pieces. She had sever scratches in both the legs. She was taken to nearby government hospital for the treatment. They have ruled out the solution and given operation date. But almost two weeks nothing was done, due to lack of doctors as well as high BP for the patient. After 15 days she was operated and after 22 days in the hospital she came home. After the operation her fingers lost the sense and not able to move them as before. We believe she will get well soon and to work with us. If she had any kind of accidental policy, she would have got it better treatment and not spending much money.

After this incident Snehan took an initiative to make accidental insurance policy for all the staff that is below 65 years of age. On the 6th April 2023, two staff member of Indian Post came to our organization and made the very essential insurance of TATA AIG accident policy, the premium is just 399/- per year. This policy has very appreciating benefits. The key points are attached in the image format. We recommend this insurance policy to all the individuals who are 18-65 years of age. The premium is just one month tea

expense. No one can know what would happen next movement, when something happens no one would come to support for all have their own needs. Don't wait hurry to insurance your life.



### A MONTH OF THANKS GIVING

The month of April is very special to Snehan NGO for a reason. For the past few years we keep this year as a month of sharing with each other. Our staff come together without any discrimination, and cooks some of their favourite food items to

share with co-staffs. In this particular month we come together as a one family and give thanks to God almighty for his providence and protection for the whole year. Fourteen of our beloved staff gathered with laughter and love. The director Mr.Anumuthu shared his motivation on initiation of social activities in the year 2000. Also he emphasized the importance of helping the neediest ones in the society. Then we all looked at God with grateful heart and gave thanks for all the blessing. We had reason to celebrate the day as a family.

# Also this month marks 16th anniversary of our Goodwill Mission – Snehan organization.

# Marks 5 year of Snehan Tailoring Centre.

# Also for protecting Velankanni from the dangerous accidents.

After the thanks giving, we all had special lunch with laughter and ended with photography.



**SILENT SUFFERING OF ELDERLY PEOPLE IN INDIA**

Loneliness is a common problem among elderly people in India, and it can have severe effects on their physical and mental health. In this article, we will discuss the primary causes of loneliness among the elderly in India, including poverty, old age related sickness, and family rejection.



**Poverty** is one of the most significant causes of loneliness among the elderly in India. According to a report by the United Nations, about 22% of India's population lives below the poverty line. The lack of financial resources can lead to social isolation, as the elderly may not be able to afford social activities, transportation, or even basic necessities like food and shelter. They may feel ashamed or embarrassed to ask for help from their

families, and this can lead to feelings of isolation and loneliness.

**Old age related sickness** is another significant cause of loneliness among the elderly in India. As people age, they become more susceptible to chronic diseases, such as diabetes, hypertension, and heart disease. These diseases can limit their mobility and make it difficult for them to carry out everyday activities. Additionally, chronic pain and discomfort can make it challenging for them to sleep, which can lead to feelings of depression and anxiety.

**Family rejection** is another common cause of loneliness among the elderly in India. In Indian culture, families are often expected to take care of their elderly members. However, this expectation is not always fulfilled, and some families may reject their elderly members or neglect their needs. This can be due to a variety of factors, including financial constraints, cultural norms, and the perception that elderly people are a burden on the family. As a result, many elderly people are left alone and feel socially isolated.

Loneliness is a significant problem among the elderly in India, and it can have severe effects on their physical and mental health. To address this issue, it is essential to create awareness about the importance of social inclusion for the elderly, provide financial support to those

in need, and promote family support for elderly members. By doing so, we can help to reduce the loneliness and isolation and improve their quality of life.

### **REJUVENATING SNEHAN'S BREAD WINNER**

Income-generating activity is the main source of Snehan project. Where, underprivileged family women are trained to produce eco-friendly traditional jhola bags. And the rehabilitated homeless thatha's sell them on the streets and bring income to meet the running cost of the organization. These sales not only provide running cost but also the salary of the maker and the seller.



To sell our products on the streets, this tricycle plays very important role. Our Snehan beneficiary's push them on the beach and on the streets with our jholna bags and sell them with an affordable price. We made this tricycle five years back, till now this precious vehicle supported our needs. This vehicle is needed maintenance & repair, we approached the mechanic but the

quotation to repair was Rs.10000/- its bit much for us to spend. So we took it up and go it rejuvenated within Rs.4500/-. We are happy for the big saving.

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**Dear Friends,**

The Snehan activities would not be possible without your help and contribution. Therefore, on behalf of all our beneficiaries and board members, we say thank you very much for your support. Do share our quarterly newsletter with your friends...

We need your financial support to start Snehan home for the neglected old and sick adults on streets. Do support us to bring values and save lives of old people.

We are looking for committed and likeminded volunteers to support us in Snehan activities, interested candidates can apply through Snehan website. <https://www.snehan.org/become-a-volunteer/>

With warmest regards,

**Our Postal Address:**

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If you wish to support the Snehan activities,

You can contribute online from our website: <https://www.snehan.org/donate-now/>